



FUNCTIONAL ZONE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5.30 AM	WORLD GYM FITAF	WORLD GYM FITAF			WORLD GYM FITAF		
6.30 AM							
8.00 AM						WORLD GYM FITAF	
8.30 AM							
7.30 AM							
9.10 AM	WORLD GYM FITAF	WORLD GYM FITAF		WORLD GYM BOXING	WORLD GYM FITAF		
5.30 PM	WORLD GYM FITAF	WORLD GYM FITAF	WORLD GYM FITAF	WORLD GYM BOXING			
6.30 PM							



**DOWNLOAD OUR
APP & BOOK YOUR
CLASS!**